

TESTIMONIALS

“Upscale home-style hot food, salads and sandwiches served deli-style.”

~ AVRLosAngeles from tripadvisor.com

“We had lunch here and the salads and pasta were really good. You don’t have to spend a fortune to have great food and great company in La Jolla; cool place.”

~ tkmanthor from tripadvisor.com

“Unfortunately for me I found this place my last evening in La Jolla. After 3 days of paying for overpriced, stuff and nothing special meals, I found Girard Gourmet.

Super fresh, healthy, comfort food.

Definitely recommend.”

~ friday0621 from tripadvisor.com

“Whether I have ordered for ten or 200, Girard Gourmet always comes through. The food is exquisite and the service is top of the line. They serve quality food and reasonable prices and always surpass my expectations.”

~ Senior Administrator, Global Law Firm

The Girard Gourmet Story

• Please call 24 hours in advance

• Delivery Available

• Orders by email

(girardgourmet87@gmail.com)

• Visit us online at Girard Gourmet and search for Girard Gourmet on Facebook

• Join our email list for menu updates, soups of the day, and weekly specials.

For 32 years, the Goedhuys family has welcomed customers with warm hospitality and great food. Children whose parents brought them to Girard Gourmet years ago delight in bringing their own children back for a greeting and a cookie! With their team of dedicated employees, they have helped generations of guests celebrate everything from baptisms to weddings with gourmet meals and unique desserts.

Francois is the chef who creates the genius recipes and delicious tastes of Girard Gourmet. Born in a rural Belgian village, Francois attended baking school at age 14. His artistic baking and pastry skills took him throughout Europe and later to Houston, Texas where he met his wife Diana. Diana was an entrepreneur in Houston where she founded an elementary school dedicated to providing an education geared to children’s gifts and creating a caring community of parents, staff and students. Francois and Diana met through her school and were married in 1991.

Francois and Diana have combined their talents and interests at Girard Gourmet to serve nutritious, freshly made and tasty foods. In 2002, they purchased a small farm in the Pine Hills neighborhood of Julian* as part of their commitment to provide customers with fresh, organic food. Francois created one of the first farm to table efforts in San Diego. With a bountiful garden overlooking the mountains of Julian, which provides Girard Gourmet with fresh seasonal produce. Customers can come in and enjoy an organic salad with goat cheese, pies made with fresh picked fruit, heirloom tomatoes and a farm fresh egg.

Girard Gourmet remains a special place to find fresh food, friends and family; a place where the ingredients of garden fresh produce, inventive flavors and personal service come together with a meal, a pastry or a conversation. It is a place of community that nourishes body and soul.

*Search Corgi’s Castle for more information.

Girard Gourmet Catering

We specialize in catering the following events:

- Cocktail Parties • Dinner Parties • Wedding Receptions
- Birthday Parties • Baby & Bridal Showers
- Graduations • Memorial Services



7837 Girard Avenue
La Jolla, CA 92037
(858) 454-3325

*Celebrating 32 years in La Jolla!
“From Our Garden to Your Plate”*

BUSINESS CATERING MENU

*Featuring salads and entrees using
locally and organically grown produce*

*European comfort food delivered
promptly for your
business luncheon, meeting,
brunch or any other occasion*

*From Continental Breakfasts to hot
lunches to sandwich trays, fresh salads
and desserts, our catering services will
provide a delicious and memorable
experience at your event*

**Hours: Mon. - Sat. 7:00 a.m. - 8:00 p.m.
Sunday 7:00 a.m. - 7:00 p.m.**

BREAKFAST SELECTIONS

Full Coffee Service - \$2.50 per person

Continental Breakfast - \$8.50 per person

- Assorted homemade muffins and croissants
- Freshly squeezed orange juice or fresh fruit
- Full coffee service

Quiche Breakfast - \$9.50 per person

- Ham and cheese or spinach and mushrooms quiche
- Fresh fruit salad, baguette with butter and jam

Healthy Breakfast Alternative - \$9.25 per person

- Homemade granola with yogurt and fresh fruits
- Assorted muffins and pastries

Breakfast Croissant Sandwiches - \$9.50 per person

- Croissant sandwich with scrambled eggs, ham, bacon or cheese
- Fresh fruit salad

Breakfast Burrito - \$9.50 per person

- Flour tortilla with cheese (cheddar, swiss, or provolone), steamed eggs, bacon/ham or turkey, salsa available
- Fresh fruit salad

Breakfast Buffet - \$13.50 per person

- Scrambled eggs
- Fresh fruit salad
- Pastry selection
- Potato pancake with sour cream or apple sauce
- Fresh squeezed orange juice
- (Bacon and sausage available for \$2 extra per person)

LUNCH SELECTIONS

Order Your Office Lunch

Lunch can be as simple or as elaborate as you require. Order our lunch packages and enjoy delivery service.

Sandwich Tray - \$13.50 per person

- Assorted Girard Gourmet sandwiches
- Potato salad, fruit salad, or green garden salad
- Cookie tray

French Country Lunch - \$12.50 per person

- Quiche du jour with mini croissant
- Green garden salad with our delectable tarragon vinaigrette
- Fruit tray

Salad Lunch - \$12.00 per person

- Salad – Choose from the list below: (All of our salad dressings are made from scratch often with organic herbs and seasonings)
- Green/Greek/spinach salad
- Cobb salad
- Roasted beet, goat cheese, and toasted walnuts with balsamic vinaigrette
- Pear, Cambozola cheese, strawberries, glazed pecans with raspberry vinaigrette
- Cranberry blue cheese, glazed pecans with orange dressing
- Caesar salad
- Baguette or eight-grain bread
- Dessert tray
- Grilled chicken: add \$3.50 or salmon: add \$5.50

Hot Lunch - \$13.95 per person

- Choice of: Meat or vegetable lasagna / beef burgundy and rice / chicken roasted with carrots and potatoes / turkey broccoli roll (vegetarian choices available)
- Green / Greek / Spinach salad
- Baguette or eight-grain bread
- Dessert tray

We can provide a variety of water, soft drinks, and juices as well as disposable plates, cutlery, and napkins.

CATERING

***“Our 32 Years Experience
Guarantees An Event
That Will Make You Shine”***

Delivery and Pick-Up

***Extensive menu
selections featuring
fresh organically
grown produce
from our Julian Farm.***

***Full Service Catering by
our professional staff is
available upon request.***

***Sample menus can also
be found online at
www.girardgourmet.com***

***Add a special touch with
birthday cakes,
wedding cakes,
and designer cookies.***